

10K AGE-GROUP RESULTS
 24th Annual Alaska 10K Classic
 Anchorage, Alaska
 August 1, 2009, 10:00 A.M.
 Timing and Results by Up and Running Event Management

		MALE AGE GROUP: 1 - 9	
1	393 Timmy Hone	8	1:01:46.9
2	248 Gregory Bae	3	1:34:32.8
		FEMALE AGE GROUP: 1 - 9	
		MALE AGE GROUP: 10 - 14	
1	138 Adam Leslie	14	44:10.8
2	290 Gregory Griffith	14	55:08.4
3	289 Drew Griffith	11	56:39.5
4	352 Hayden Beard	14	56:52.7
		FEMALE AGE GROUP: 10 - 14	
1	42 Kayle Blackmore	12	52:04.0
2	170 Danielle May	13	54:48.7
3	210 Cassidy Johnson	11	1:37:43.5
		MALE AGE GROUP: 15 - 19	
1	153 Ryan Cox	19	34:11.6
2	337 Nathaniel Knapp	16	34:57.4
3	274 Aaron Wheatall	17	35:55.3
4	336 Samuel Cassel	19	35:58.6
5	186 Robert Walgren	17	36:20.7
6	275 Ben Wheatall	17	37:24.0
7	278 Christopher Ashland	19	37:34.9
8	345 Noah Hagen	17	37:52.3
9	354 Michael Stuart	19	38:01.2
10	173 Alex Odegaard	17	43:39.4
11	297 Dallas Smith	17	43:43.8
12	103 Henry Lyford	19	45:02.0
13	174 Nicholas Perkett	18	45:33.7
14	25 Scott Kasayulie	19	45:54.3
15	23 Ryan Bergerson	17	47:27.3
16	90 Adam Murray	18	49:50.0
17	4 Timothy Bradley	18	50:55.2
18	384 Aaron Barnes	19	53:45.4
19	375 Cole Younger	17	59:01.9
		FEMALE AGE GROUP: 15 - 19	
1	99 Anna Dalton	19	43:33.4
2	276 Liz Wheatall	15	45:52.1
3	229 Leslie Rawson	18	49:19.0
4	525 Marti Maley	16	51:02.4
5	22 Melissa Matthews	18	53:55.2
6	269 Hannah Reichert	19	54:51.5
7	97 Stacy Wheeler	18	57:17.9
8	60 Taylor Hanley	16	57:17.9
9	251 Katee Chard	19	57:19.3
10	196 Kelsey Campbell	18	57:37.9
11	221 Mackenzie Nicely	18	1:00:49.8
		MALE AGE GROUP: 20 - 24	
1	110 Jesse Cherry	23	30:41.6
2	544 Ryan Beclatt	24	36:22.1
3	51 Eric Vilce	20	40:22.6
4	69 Joshua Satterfield	23	44:36.6
5	270 Enrico Tutaan	20	45:14.5
6	241 Sean Zumwalt	23	47:58.5
7	383 Tyler Zimerman	20	50:28.9
8	119 Hunter Edin	24	52:53.4
9	389 Ian Frame	24	1:02:02.6
10	204 Brandon Hickman	22	1:06:11.3
11	245 Brandon Shaffer	22	1:07:24.9
12	254 Cidjomar Fisher	23	1:34:33.7

FEMALE AGE GROUP: 20 - 24

1	263	Catalina Myers	24	46:42.3
2	364	Rachel Leman	24	53:13.2
3	141	Sara Pfau	24	55:08.6
4	118	Erin Edin	23	56:47.8
5	83	Luemma Balise	23	56:59.9
6	176	Dynasti Roark	21	57:02.0
7	302	Alisa Chard	21	57:19.2
8	44	Kate Galbreath	21	57:20.5
9	40	Hannah Ray	22	58:10.6
10	250	Jeannette Bulaong	23	58:17.8
11	46	Rebecca Bishop	23	59:40.2
12	15	Jamie Van Gundy	22	59:54.7
13	149	Cristin Bowser	22	1:04:39.8
14	34	Hannah Marx	23	1:09:21.7
15	71	Jeri Stenberg	24	1:10:47.0
16	171	Amy Mikos	24	1:13:38.8

MALE AGE GROUP: 25 - 29

1	214	David Kiplagat	25	31:52.1
2	340	Ryan Davis	29	33:52.7
3	287	Matt Gillis	29	38:40.1
4	219	Derek Morgan	28	41:39.2
5	228	Devon Wootten	29	42:42.9
6	369	Justin Neff	26	45:01.1
7	242	Eddie Clements	25	46:05.8
8	238	Joel Ainsworth	29	46:36.1
9	89	Tracy Morgan	26	47:29.0
10	328	Ben Angler	27	48:03.8
11	145	Daniel Whitfield	27	49:08.2
12	33	Lordsel Glory	25	49:23.1
13	95	Dennis Tuckowski	28	51:21.6
14	121	Stephen Lauper	26	51:38.7
15	98	David Whitfield	29	52:44.1
16	232	Cody Anderson	29	1:02:03.9
17	244	Tony Kretz	26	1:06:49.6

FEMALE AGE GROUP: 25 - 29

1	93	Mia Thorstenson	25	36:48.6
2	327	Lisa Dale	28	45:45.0
3	10	Victoria Clark	28	46:45.2
4	371	Laura Edwards	25	49:05.8
5	382	Emily Gettein	26	50:10.1
6	125	Randi Wiley	27	51:51.8
7	307	Jennifer Hillman	26	53:18.1
8	134	Cassie Iutzi	25	53:18.3
9	370	Tamara Deschaune	28	55:29.6
10	31	Rachael Stohr	25	55:40.8
11	372	Melissa Pavlos	28	55:59.8
12	114	Brandy Richards	29	57:51.7
13	105	Nina Peacock	28	58:38.1
14	137	Marie Laskos	27	58:41.9
15	11	Roselyn Kirkelie	25	1:00:17.7
16	85	Kate Blair	29	1:00:23.9
17	76	Andrea Levesque	29	1:00:46.0
18	367	Erin Lebon	28	1:01:34.6
19	299	Sara Turner	29	1:01:39.1
20	233	Danielle Anderson	28	1:02:01.0
21	209	Brittany Jensen	25	1:02:12.6
22	237	Anika Doehl	29	1:02:18.5
23	136	Cassie Korneder	26	1:02:36.3
24	326	Sarah Callaway	28	1:03:38.9
25	311	Kim Stohr	28	1:06:19.0
26	262	June McElwain	27	1:06:44.1
27	84	April Bennard	29	1:06:46.9
28	164	Sarah Klebs	27	1:13:42.8
29	3	Elizabeth Johnson	25	1:16:41.3
30	346	Jan Bulaong	25	1:16:56.1

31	246	Kathleen Abainza	25	1:34:33.0
			MALE AGE GROUP: 30 - 34	
1	126	Michael Wisniewski	30	31:37.3
2	317	Jan Spurkland	31	35:46.2
3	205	Sam Hill	31	37:39.5
4	547	Chris Bronte	32	38:40.3
5	363	Joel Brandt	30	41:26.4
6	266	Justin Pedersen	34	42:53.5
7	7	Garret Slaughenhoup	34	44:53.3
8	549	Colt Christensen	33	49:43.6
9	37	Jeremy Abercrombie	31	50:50.0
10	133	Brian Iutzi	30	51:11.5
11	236	Jaime Franco Gonzale	32	52:21.6
12	115	Brett Shepard	30	1:01:29.5
13	314	Nick Janes	34	1:07:24.6
14	234	Chris Block	31	1:15:25.2

			FEMALE AGE GROUP: 30 - 34	
1	318	Megan Corazza	30	44:58.7
2	222	Claire Norton-Cruz	30	45:25.3
3	152	Amy Connaker	30	47:19.0
4	381	Lisa Smith	32	48:49.3
5	294	Janet Morrone	33	49:21.6
6	342	Janelle Gomez	33	50:33.8
7	50	Stacey Meyer	32	50:53.7
8	548	Lisa Christensen	30	52:25.3
9	94	Alli Tuckowski	30	52:53.9
10	348	Alicia Kelly	32	53:34.7
11	216	Cherith Lafferty	31	53:57.3
12	57	Nicole Votaw	31	54:08.2
13	70	Jennifer Stenberg	30	54:31.5
14	124	Janey Wahlman	32	55:23.1
15	255	Jennifer Gessert	31	56:01.6
16	272	Marie Vinson	32	56:06.9
17	376	Brandi Ozio	33	56:19.5
18	81	Kelly Todd	30	58:35.1
19	267	Andrea Petersen	30	59:35.0
20	359	Katie Buss	33	1:00:13.7
21	206	Caroline Hogan	33	1:00:19.1
22	120	Keilah Frickson	31	1:00:53.4
23	179	Tana Stone	31	1:01:17.9
24	243	Summer Cutting	33	1:01:22.0
25	247	Katharine Andre	31	1:01:22.2
26	308	Amanda Ungerecht	30	1:01:34.2
27	29	Nicole Cleary	34	1:02:52.8
28	82	Kristy Wise	30	1:05:34.7
29	58	Katie Bates	30	1:10:07.5
30	47	Erin Egan	32	1:11:27.2
31	195	Robin Calvert	31	1:14:12.0
32	550	Sylvana Szczesny	31	1:34:33.1
33	62	Gretchen Jett	31	1:44:46.6
34	148	Malinda Beiler	34	1:51:02.5
35	100	April Garza	32	1:51:02.6

			MALE AGE GROUP: 35 - 39	
1	87	James Demarco	36	36:00.3
2	30	Jason Hofacker	36	37:00.7
3	131	Michael Enz	35	37:33.0
4	366	Keith Weinhold	37	37:46.0
5	344	Lamont Hawkins	35	38:11.4
6	104	Tobin Munn	38	38:57.0
7	49	Shannon Martin	37	39:12.0
8	231	David Bradley	38	40:19.0
9	368	Wilson Stark	39	40:43.1
10	102	Josh Hedberg	38	41:24.9
11	207	Kenneth Holt	38	44:01.8
12	68	Tom Nabity	37	45:07.8

13	256	Justin Goodman	37	45:59.6
14	161	Mark Hazard	38	47:12.2
15	75	Kurt Dannerth	37	47:43.9
16	357	Scotty Borg	37	48:41.4
17	235	Lee Weikert	38	49:11.4
18	182	Bo Underwood	39	49:48.5
19	303	Todd Cotsman	35	50:23.4
20	26	Brian Lentz	38	56:23.7
21	239	Jonathon Harshfield	38	59:48.9
22	360	Jake Buss	39	1:00:14.0
23	92	Mark Thomas	38	1:02:14.1
24	107	Roy Prosser	37	1:03:49.5
25	143	Nathan Schlimgen	36	1:04:32.3
26	351	Nicholas Degnan	36	1:06:50.7

FEMALE AGE GROUP: 35 - 39

1	140	Wendy Mitchell	38	46:09.0
2	347	Andra Love	35	47:22.9
3	188	Rachel Andrews	39	51:36.5
4	240	Amy May	37	54:08.2
5	373	Kristin Wilkinson	37	54:50.1
6	377	Jennifer Kuhlmann	38	55:32.5
7	313	Kelly Smith	38	55:53.2
8	169	Verneese Maney-Rouzan	37	57:25.5
9	309	Colleen Baxter	39	1:04:47.8
10	350	Brooke McGrath	38	1:06:50.6
11	271	Melanie Vandehey	39	1:12:02.0
12	226	Tracy Steelman	37	1:15:22.2
13	112	Lara Madden	39	1:19:52.7

MALE AGE GROUP: 40 - 44

1	178	Matt Smith	40	44:32.2
2	305	Dave Bias	40	44:59.3
3	127	Dan Baldwin	43	45:13.9
4	358	Grant Stuart	44	45:41.1
5	194	David Brown	43	46:11.7
6	341	Brian Dean	41	46:59.7
7	312	Weston Smith	41	49:52.9
8	291	Mike Griffith	43	50:24.9
9	61	Thomas Higgins	44	1:01:21.8
10	151	Matt Childs	40	1:20:20.2

FEMALE AGE GROUP: 40 - 44

1	74	Michelle Bittner	44	47:49.3
2	157	Amy Erickson	41	48:52.2
3	24	Michele Hugulet	41	49:08.4
4	28	Larissa Pestryakova	40	50:31.2
5	159	Carol Fraser	44	52:08.1
6	217	Amy MacKenzie	40	52:41.3
7	73	Anne Anderson	41	53:03.1
8	146	Sue Wilkens	42	53:39.5
9	285	Marianne Elson-Griffith	43	53:56.9
10	380	Rachelle Alger	40	54:35.0
11	379	Marlys Morton	40	56:06.2
12	335	Dianna Clementson	42	56:31.2
13	224	Lisa Ramstad	43	56:33.0
14	316	Laura Callsen	41	57:47.4
15	339	Diane Blakey	41	58:40.8
16	181	Kay Trailer	43	59:39.2
17	387	Echo McDonald	44	1:01:33.0
18	67	Tammy McCutcheon	43	1:03:07.3
19	280	Lynette Brickwell	44	1:05:24.2
20	1	Michelle Semerad	40	1:05:44.2
21	450	Anmarie Bruning	44	1:08:54.4
22	106	Michelle Pokorny	40	1:10:40.0
23	109	Tuyet Smallwood	42	1:12:10.3
24	296	Jamie Patterson-Sime	43	1:14:16.0
25	65	Christie Ericson	41	1:18:47.3
26	361	Kelly Buss	40	1:23:00.9

MALE AGE GROUP: 45 - 49

1	334	Scott Clementson	45	36:07.0
2	390	John Clark	48	37:39.8
3	166	Patrick Lavin	45	39:20.0
4	168	Greg MacDonald	48	41:11.1
5	177	Gregory Scofield	47	41:30.5
6	320	Guy Schwartz	49	42:57.8
7	113	Quentin Reuer	49	43:22.4
8	150	John Brewer	47	43:24.9
9	80	John Papineau	48	44:38.3
10	187	Michael Woodworth	48	45:01.8
11	295	Matt Nedom	46	45:51.2
12	208	David Houston	45	47:18.3
13	321	Neil Lamothe	48	47:34.1
14	66	Michael Lasher	48	49:24.9
15	172	Wynn Moser	46	49:35.4
16	185	Phil Walgren	47	51:54.8
17	41	Kevin Balckmore	49	52:04.3
18	343	Peter Harrison	48	53:09.6
19	32	Steve Edwards	49	54:12.3
20	378	Mark Tuovinineh	46	54:17.2
21	158	Brent Fraser	46	59:43.0
22	292	Songho Ha	45	1:03:45.9
23	212	Andrew Josephson	45	1:04:19.5
24	190	William Bajczyk	49	1:08:54.7

FEMALE AGE GROUP: 45 - 49

1	130	Deborah Cropper	48	40:55.2
2	546	April Juliussen	45	44:25.8
3	139	Kerry Lyons	48	48:15.5
4	300	Veronica Vania	46	51:25.3
5	386	Annie Luck	49	54:48.3
6	184	Kathy Walgren	49	54:58.9
7	293	Kelly Mazzei	45	55:12.8
8	122	Denise Ray	45	56:21.3
9	128	Kim Baldwin	45	57:24.0
10	353	Victoria Stuart	46	59:32.9
11	259	Marie Maiden	48	1:03:59.8
12	59	Kathy Davis	49	1:04:22.3
13	160	Tracee Hansen	45	1:10:40.2
14	323	Mary Beth Wooden	46	1:18:48.7
15	257	Dawn Hansen	48	1:35:42.3
16	211	Leiza Johnson	47	1:37:43.8

MALE AGE GROUP: 50 - 54

1	147	Jeffrey Young	50	35:30.8
2	54	Edward Frank	52	39:10.0
3	96	Bob Wheeler	50	39:55.2
4	230	Timothy Rawson	51	40:33.1
5	545	Mark Dent	52	43:16.2
6	281	Rafael Castaneda	53	43:31.8
7	167	Jay Liggett	53	45:22.8
8	197	Bradley Cruz	54	45:25.5
9	277	Toby Widdicombe	54	46:01.1
10	162	Ken Holmes	50	46:54.8
11	252	John Ferguson	53	52:02.9
12	395	Paul Gionet	53	52:05.5
13	18	Edward Wickham	52	52:07.5
14	374	Jocko Younger	51	56:49.7
15	261	Tim Maley	50	1:01:36.0
16	163	Michael Hurst	54	1:06:47.8
17	324	Neal Fried	54	1:14:22.0

FEMALE AGE GROUP: 50 - 54

1	349	Satorene Jackson	50	49:23.5
2	201	Peggie Gallagher	53	49:54.1
3	253	Anne Fiedler	54	51:27.9
4	258	Debra Kinn	54	51:54.4
5	53	Mary Diel	51	52:07.2

6	156	Kate Dingle-Craig	52	52:25.9
7	91	Jo Murray	51	55:51.8
8	48	Dona Endsley	50	58:18.2
9	332	S.J. Lee	51	1:01:36.0
10	19	Katherine Yatchak	52	1:02:07.4
11	331	Dianne Alger	54	1:07:08.2
12	322	Gayle Martin	53	1:09:30.2
13	43	Donna Galbreath	54	1:24:53.7
14	283	Terri Dennett	52	1:35:42.2

MALE AGE GROUP: 55 - 59

1	117	Bob Davis	56	37:52.7
2	189	Jeff Arndt	56	39:18.2
3	329	Allen Rosenthal	55	39:50.7
4	17	John Pontarolo	57	44:33.8
5	142	Brad Richie	55	45:05.9
6	385	Rusty Myer	58	45:53.0
7	282	Rich Dale	56	46:03.8
8	52	Bill Diel	56	46:40.2
9	298	John Smith	56	47:11.5
10	218	Steve McKeever	55	50:54.0
11	132	Dave Falsey	59	52:49.8
12	45	Ed Wilson	59	55:42.9
13	325	Robert Owens	55	56:32.8
14	88	Bill Kane	55	56:38.4
15	365	Michael Chard	55	57:19.4
16	388	Mike Frame	58	1:02:10.7
17	265	David Norcross	58	1:06:30.2
18	129	Wayne Crayton	56	1:14:21.5

FEMALE AGE GROUP: 55 - 59

1	191	Mary Barrett	55	43:49.9
2	13	Lesley Yamauchi	56	48:22.4
3	200	Cathy Duffy	55	48:55.2
4	249	Judy Blake	56	50:12.8
5	260	Pok Maley	57	53:46.0
6	279	Pam Barbeau	59	55:39.4
7	35	Cathy Satterfield	59	57:11.5
8	16	Mary Flanigin	59	57:36.1
9	55	Denise Hanson	55	1:02:37.9
10	6	Donna Pedersen	57	1:03:49.7
11	72	Terri Agee	57	1:07:48.4
12	77	Matti Munson	59	1:13:44.8
13	397	Deborah Engles	55	1:36:36.8
14	63	Johanna Jett	55	1:44:46.3

MALE AGE GROUP: 60 - 64

1	338	Eric Skidmore	61	45:07.7
2	39	Jim Leonard	63	46:29.4
3	175	Lee Philo	62	58:54.4
4	310	Paul Ames	62	1:16:23.6

FEMALE AGE GROUP: 60 - 64

1	391	Barbara Abercrombie	62	1:05:34.6
2	288	Nancy Gould-Rasmusse	62	1:05:35.4
3	180	Maria Sutura	63	1:11:04.9
4	154	Cornelia Devlin	62	1:17:55.8

MALE AGE GROUP: 65 - 69

1	284	Bob Eastaugh	65	48:07.0
2	330	Kev Davidson	69	48:35.2
3	155	Hugh Devlin	66	57:27.5
4	286	Ken Flynn	66	58:01.6
5	315	Dallas Hipple	67	58:56.2
6	192	Robert Bowker	68	1:14:21.3

FEMALE AGE GROUP: 65 - 69

1	21	Sandy Johnson	65	1:09:25.3
2	193	Sandra Bowker	66	1:19:15.6

MALE AGE GROUP: 70 - 74

FEMALE AGE GROUP: 70 - 74

1	20	Claudette Hixon	70	1:16:14.8
---	----	-----------------	----	-----------

MALE AGE GROUP: 75 - 79
FEMALE AGE GROUP: 75 - 79

MALE AGE GROUP: 80 - 84
FEMALE AGE GROUP: 80 - 84